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## Medical Tourism in India

India is the one of the most touted destination in the world of medical tourist. It is known in particular for Heart Surgery, Hip replacement, bryne cology, gastroenterology etc.

The Indian national health policy declare that treatment of foreign patient is legally and export and to be eligible of for all fiscal incentive extender to export earning. Indian Corporated Hospital are at par with the best hospital in the world. A big draw of foreign patients is also very minimal of ~~hardly~~ hardly any <sup>visit</sup> ~~worht~~ list as it is common in european and American hospital.

India offers world class health care that cost substantially less than those in develop countries, using the same technology delivered by competent specialists.

attaining similar success rate Here is a list of the hospital popular of medical tourism in India. AIMS

- ① Apollo Hospital.
- ② B.M. BIRLA Research Centre.
- ③ TATA Memorial Hospital.
- ④ Escorts Hospital and research Centre.



Reasons for the growth of medical tourism.

- Technology & best of professional
- cheap.
- wait list.

Wellness Tourism.

Wellness is a physical, mental & social well being, not merely the absence of disease.

It is about the reconnection of mind, body and spirit, so wellness holiday effect the person in a meaningful and permanent way.

Who is Wellness

A wellness tourist shows higher health awareness, want to stay healthy or healthier or want to prevent disease through lifestyle and healthy movement.

They seek mental and spiritual health through meditation.



## of Counselling-

Wellness tourism product in India.

- (1). Ayurveda
- (2) Yoga & Meditation
- (3) Spas
- (4). Alternative therapies.

What is Ayurveda? (Ayur Veda)

Is considered to be a sub veda or the branch of knowledge that is concerned with the physical health & happiness on earth which therefore assumes great significance to human life.

Ayurveda is an intricate system of healing that originated in India 1000's of years ago. This system of medicine stressed on prevention of body ailments in addition of curing them.



# Yoga

Yoga is a system of exercises of the physical and mental well being. It combined stylised poses with deep breathing and meditation.

The term yoga itself is derived from a Sanskrit word meaning "To join together".

The ultimate aim of yoga is to unite the human soul with the universal spirit.

Alternative therapies ⇒ Homeopathy, naturopathy, Siddha unani.

Spas ⇒ A Spas is an entity devoted to the enhancing overall well being through a variety of professional services that encourage the renewal of mind body and spirit.