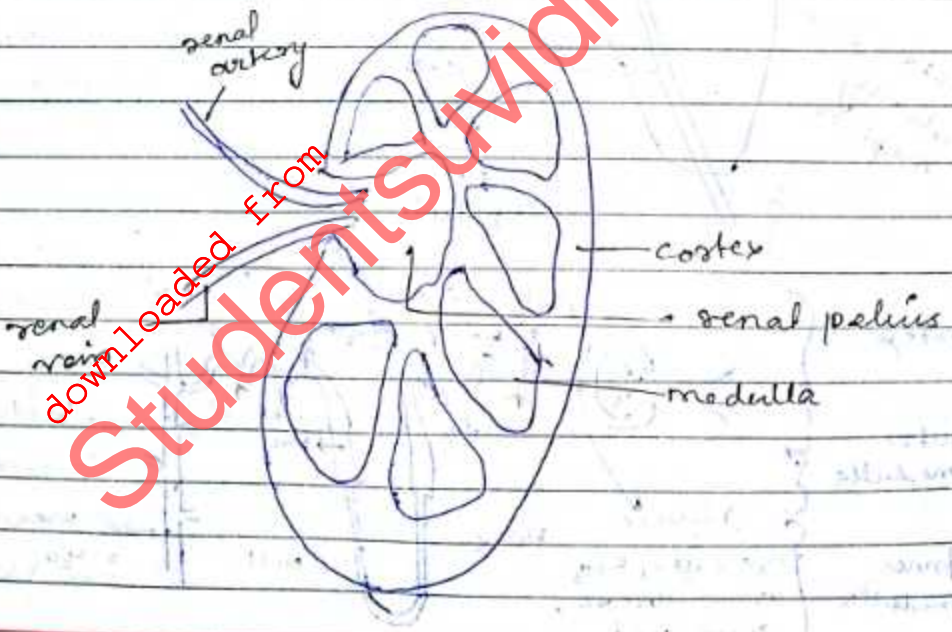
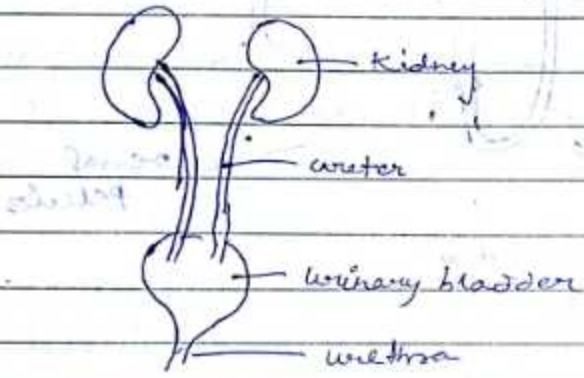


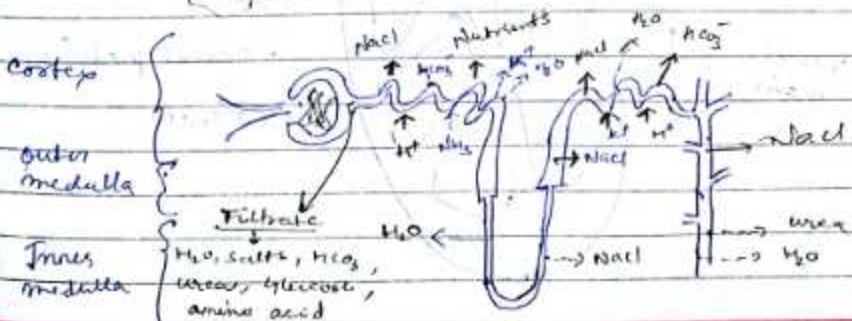
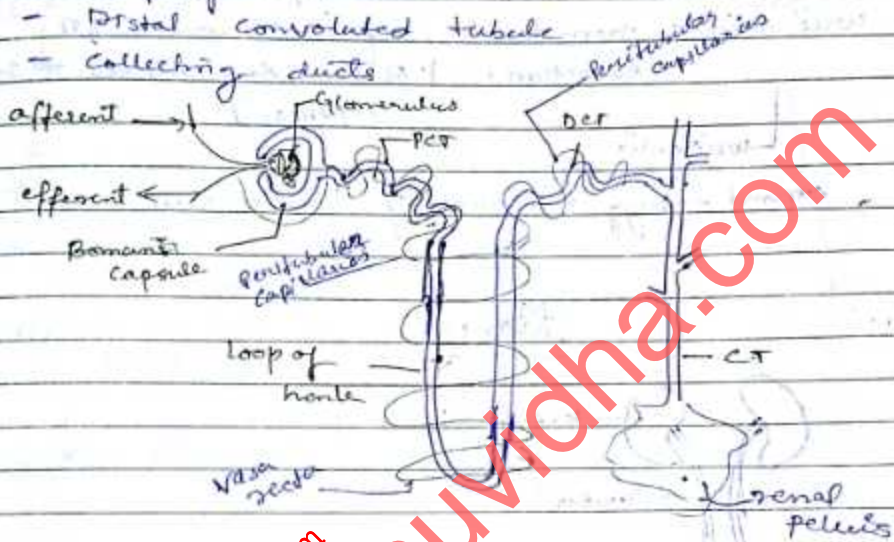
(11)

# Kidney



## Nephron

- Bowman's capsule
- Glomerulus
- Proximal convoluted tubule
- Loop of Henle
- Distal convoluted tubule
- Collecting ducts



## Gaseous exchange

The  $O_2$  which once reach the alveoli must move across the alveoli membrane into pulmonary capillary from where it is transported by the blood to the tissue.

Respiratory quotient : It is a balance ratio of  $CO_2$  produced to the  $O_2$  consumed. It is approximately around 0.8

Dalton's law : In a mixture of gases the pressure exerted by each gas is independent of the pressure exerted by the other. Thus, the total pressure of mixture is simply the sum of individually pressure. The partial pressure of gas is directly proportional to conc<sup>n</sup>, the net diffusion of a gas will occur from a region where its partial pressure is high to a region where it is low.

Diffusion of gases in liquid :

When liquid is exposed to air containing a particular gas, the molecules of gas will enter the liquid and dissolve in it.

Henry's law state that the amount of gas dissolved will be directly proportional to the partial pressure of gas with which the liquid is in equilibrium

Alveolar gas pressure : The alveolar gas pressure are around  $105 \text{ mm Hg} = P_{O_2}$  and  $P_{CO_2} = 40 \text{ mmHg}$  whereas the gas pressure in the air which is being inhaled has  $P_{O_2} = 160 \text{ mmHg}$  and  $P_{CO_2} = 0.3 \text{ mmHg}$ .

The factors that determine the alveolar  $PO_2$  (partial pressure of  $O_2$ ) :

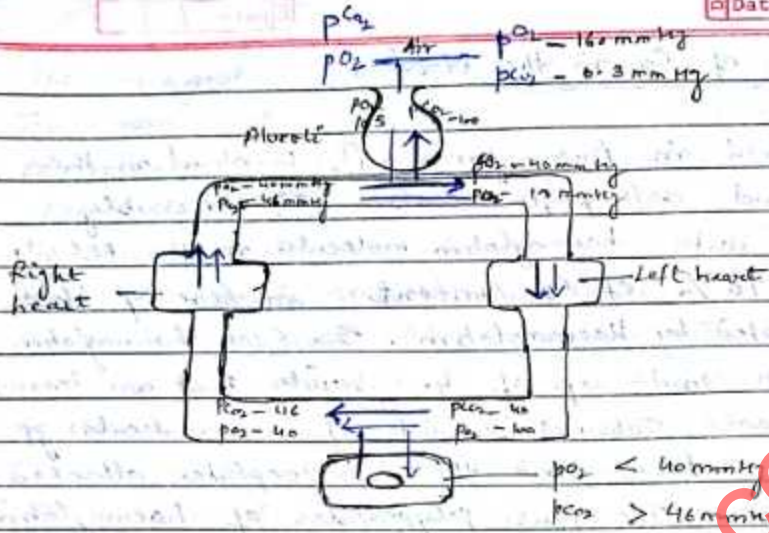
- (1) The  $pO_2$  of atmospheric air.
- (2) The rate of alveolar ventilation.
- (3) The rate of total body  $O_2$  consumption.

In case of  $pCO_2$  the atmospheric  $pCO_2$  have negligible effect.

Gas exchange between alveoli and blood :

The blood that enters the pulmonary capillary has systemic venous blood pumped to the lung via pulmonary artery. The blood that comes from the tissues have relatively high  $pCO_2$  that is 46 mmHg and is relatively low  $pO_2$  that is around 40 mmHg. The difference in the partial pressure of  $O_2$  and  $CO_2$  on the two sides of the alveolar capillary membrane results in the net diffusion of  $O_2$  from the alveoli to the blood and of  $CO_2$  from blood to alveoli. As this diffusion occur the capillary blood  $pO_2$  rises and  $pCO_2$  falls. The net diffusion of these gases stops when the capillary partial pressure becomes equal to that in alveoli.

	<u>Venous blood</u>	<u>Arterial blood</u>	<u>Alveoli</u>	<u>Atmosphere</u>
$PO_2$	40 mmHg	100 mmHg	105 mmHg	160 mmHg
$PCO_2$	46 mmHg	40 mmHg	40 mmHg	0.3 mmHg



The blood that leave the pulmonary capillary it return to the heart and it is pumped into systemic artery which have similar  $p_{O_2}$  and  $p_{CO_2}$  as that of alveolar air.

Q

### Gas exchange between tissues and blood

As the systemic arterial blood enters the capillary throughout the body it is separated from interstitial fluid by only a thin capillary wall which is highly permeable to both  $O_2$  and  $CO_2$ . The interstitial fluid in turn is separated from intracellular fluid by the plasma membrane of the cell which are also quite permeable to  $O_2$  and  $CO_2$ . The metabolic rxns occurring within the cell are constantly consuming the  $O_2$  and producing the  $CO_2$ . Therefore the intracellular  $p_{O_2}$  is lower than and  $p_{CO_2}$  is higher than in blood. As a result, there is a net diffusion of  $O_2$  from blood into the cells and a net diffusion of  $CO_2$  from the cells into the blood. In this manner as the blood flows through systemic capillaries its  $p_{O_2}$  decreases and its  $p_{CO_2}$  increases.

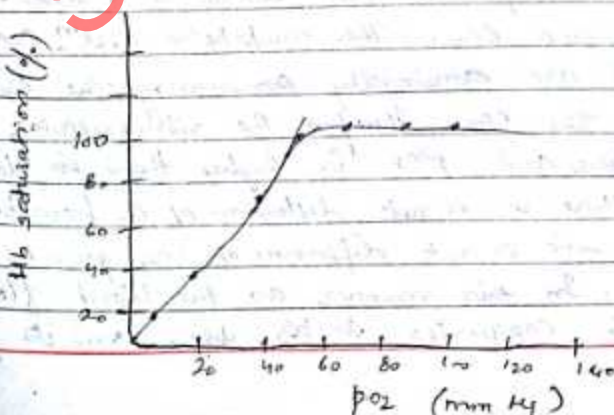
## Transport of $O_2$ in the blood :

$O_2$  is present in two forms - (1) dissolved in the plasma and extracellular water (2) reversibly combined with haemoglobin molecule in the RBCs. More than 98% of  $O_2$  content in litre of blood is transported by haemoglobin. Each haemoglobin molecule is made up of 4 subunits that are bound together. Each subunit consists of a molecule of known as haem and the polypeptide attached to the haem. The four polypeptides of haemoglobin molecule are collectively called as globin. Each of the four haem groups in a haemoglobin molecule contains 1 atom of iron to which the  $O_2$  binds, each iron atom can bind one molecule of  $O_2$ . So a single haemoglobin molecule can bind 4 molecules of  $O_2$ .



## Effect of $pO_2$ on haemoglobin saturation

The quantitative relationship bet b/w haemoglobin and  $O_2$  as determined experimentally is called  $O_2$ -haemoglobin dissociation curve.



The combination of  $O_2$  with Hb is an e.g. of cooperativity. The globin unit of deoxyHb are tightly held by electrostatic bonds in a conformation with a relatively low affinity for  $O_2$ . The binding of  $O_2$  to a haem molecule break some of the bond b/w the globin units. This leads to a conformation change such that the remaining  $O_2$  binding sites are more exposed. Thus, the binding of one  $O_2$  molecule to deoxyHb rises the affinity of the remaining sites on the same Hb molecule. The shape of  $O_2$  haemoglobin dissociation curve is extremely important in understanding the  $O_2$  exchange. The curve has a steep slope below 40 mmHg and a relatively flat portion above 40 to 100 mmHg. The extent to which the  $O_2$  combined with Hb rises very rapidly as the  $pO_2$  rises from 10 to 60 mmHg so that at  $pO_2$  of 60 mmHg the 75% of total Hb is combined with  $O_2$ . The further rise in  $pO_2$  produces only a small rise in  $O_2$  binding. The importance of this plateau at high  $pO_2$  values is as follows. In many situations like high altitude or pulmonary disease, there is moderate reduction in alveolar and arterial  $pO_2$ . Even if the  $pO_2$  fell from the normal value of 100 to 60 mmHg the total quantity of  $O_2$  carried by Hb would rise by only 10% ~~or~~ <sup>so</sup>. The Hb saturation is still close to 90% at  $pO_2$  of 60 mmHg. The plateau provides an excellent safety factor such that a significant limitations of lung function can still allow almost normal  $O_2$  saturation of Hb. The steep portion of the curves from 60 to 20 mmHg is ideal for unloading  $O_2$  in the tissues that is a small rise in  $pO_2$  results in unloading of large amt of  $O_2$ .

in the peripheral tissue. Small shifts in the position of curve due to various factors can significantly affect the  $O_2$  unloading.

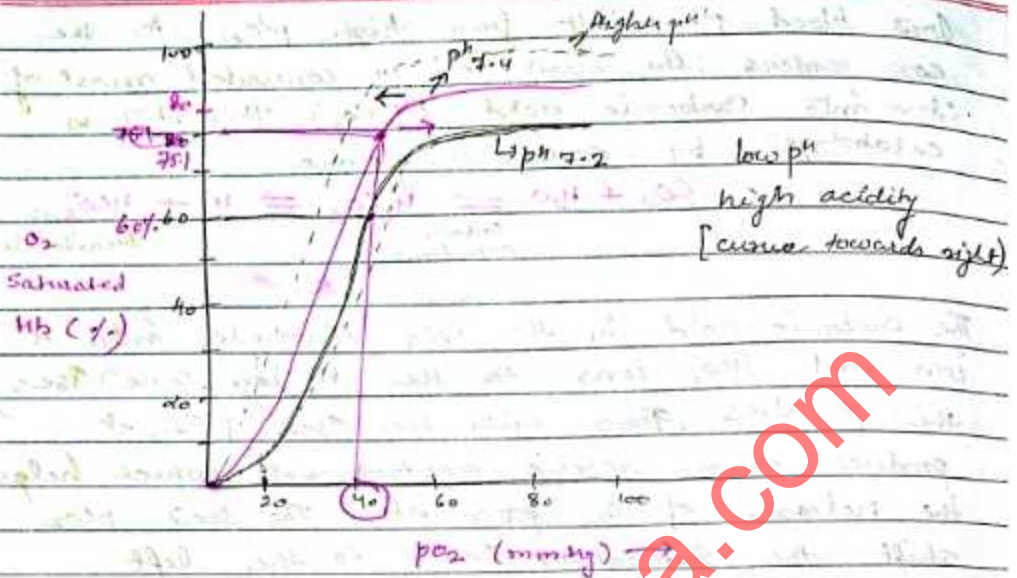
### Factors affecting Haemoglobin affinity for the Oxygen

Although the  $PO_2$  is the most important factor that determines the % oxygen saturation of Hb. Several other factors influence the affinity with which Hb bind the  $O_2$ . These factors shift the entire curve either to the left or to the right accordingly. The changing affinity of the Hb for  $O_2$  is another org of Homeo. the homeostatic mechanisms adjust ~~control~~ the body activities to the cellular needs.

① Acidity or pH : As the acidity rises the pH falls. The affinity of Hb for  $O_2$  falls and the  $O_2$  dissociates more readily from the Hb. The local acidity enhances the unloading of  $O_2$  from Hb. The main acid produced by the metabolically active tissues are lactic acid and carbonic acid. When the pH falls, entire Hb- $O_2$  dissociation curve shifts to the right. At any given  $PO_2$ , Hb is less saturated with  $O_2$ . This change is termed as Bohr effect.



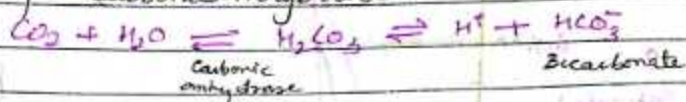
# pH and Hb dissociation



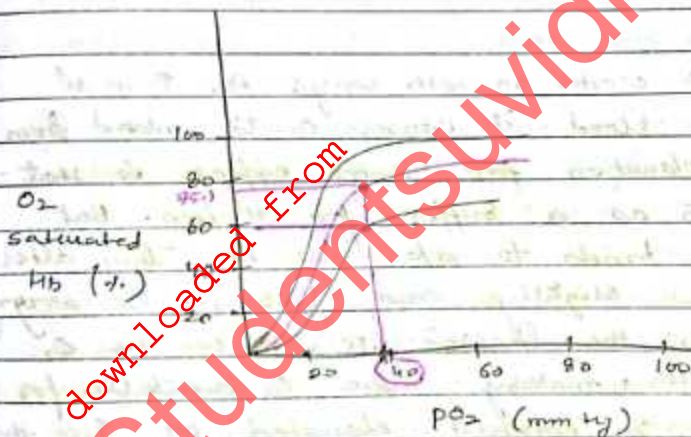
The Bohr effect works in two ways. An ↑ in  $H^+$  ion conc<sup>n</sup> in blood it causes  $O_2$  to unload from Hb. The explanation for Bohr effect is that— Hb can act as a buffer for  $H^+$  ion. But when  $H^+$  ion binds to a/a in Hb they alter its structure slightly and ↓ its  $O_2$  carrying capacity. Thus, the lowered pH ↓ the  $O_2$  off from Hb, making more  $O_2$  available for tissue cells. In contrast elevated pH ↑ the affinity of Hb for  $O_2$  and shifts the  $O_2$ -Hb dissociation curve to the left.

- ② Partial pressure of  $CO_2$  -  $CO_2$  can bind with Hb and this effect is similar to that of  $H^+$  ions i.e. it is shifting the curve to the right. As the  $p_{CO_2}$  rises the Hb releases the  $O_2$  more readily. The  $p_{CO_2}$  and pH are related factors (because they act on same way) being

low blood  $p^H$  result from high  $pCO_2$ . As the  $CO_2$  enters the blood it is converted most of it into carbonic acid ( $H_2CO_3$ ) - This step is catalyzed by carbonic dehydratase.



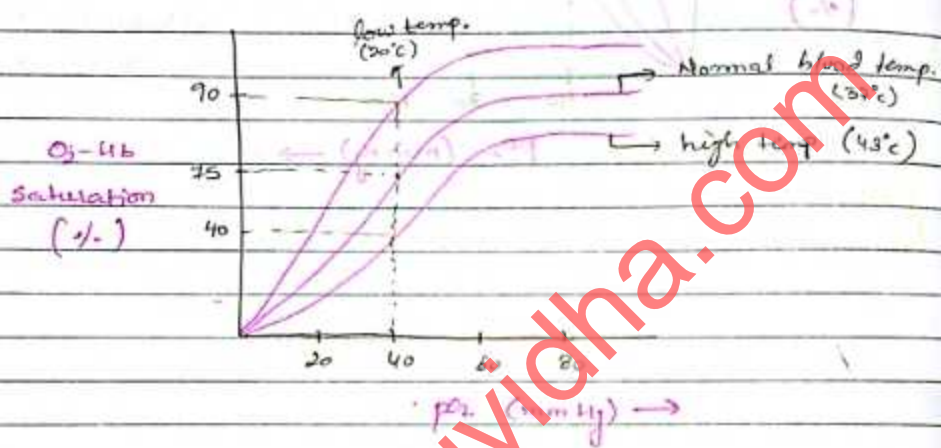
The carbonic acid in the RBCs dissociates into  $H^+$  ions and  $HCO_3^-$  ions. As the  $H^+$  ion conc<sup>n</sup> rises, the  $p^H$  decreases. Thus with the raised  $pCO_2$ , it produce more acidic environment which helps the release of  $O_2$  from Hb. The raised  $pCO_2$  shift the saturation curve to the left.



### ③ Temp.

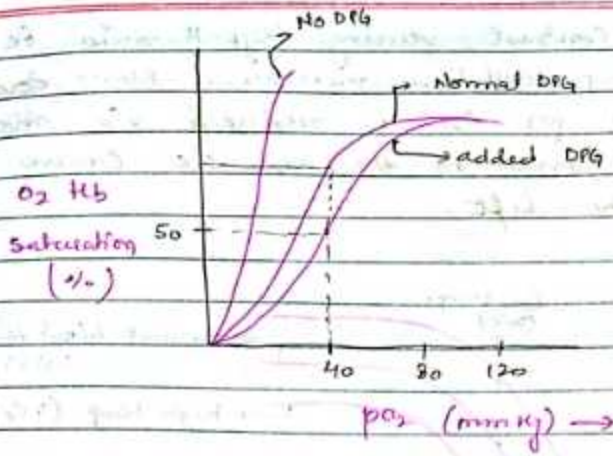
As the temp. rises so does the amt of  $O_2$  released from Hb. Heat is the byproduct of metabolic act<sup>n</sup> of all the cells and the heat released by contracting the muscle fibres tends to raise the body temp. The metabolically active cells require more  $O_2$  and liberates more acid and heat. The acid & the heat in turn promotes the release of  $O_2$  from

oxyhb - In contrast, during hypothermia i.e low body temp. cellular metabolism slows down and the need for  $O_2$  is reduced.  $\therefore$  more  $O_2$  remains bound to the Hb i.e curve shifts to the left.



(4) BPG or DPG : BPG = 2,3 Bisphosphoglycerate  
 + PG = di-phosphoglycerate

They uses the affinity of Hb for  $O_2$  and helps to unload the  $O_2$  from Hb. BPG is formed in RBCs when the breakdown of gly glucose to produce the ATP in the process of glycolysis when the BPG combines with Hb by binding to the terminal amino-gp of two  $\beta$  globin chain in Hb, then the Hb binds the  $O_2$  less tightly at the Haem gp. The greater the level of BPG, the more  $O_2$  is unloaded from Hb. Certain hormone such as thyroxine, HGH, epinephrine etc uses the formation of BPG. The levels of BPG are also higher in the people living in high altitude.

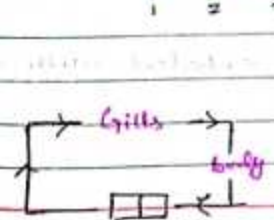
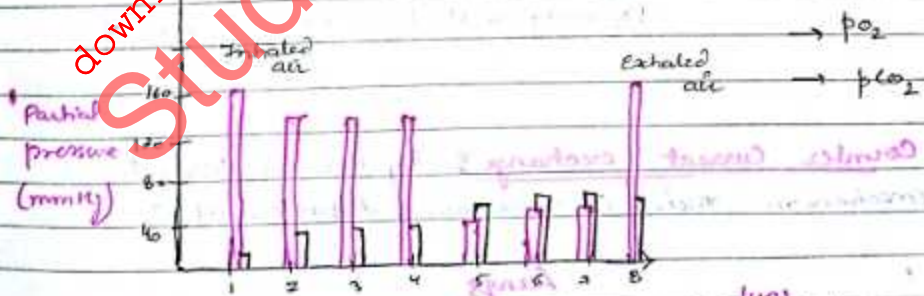
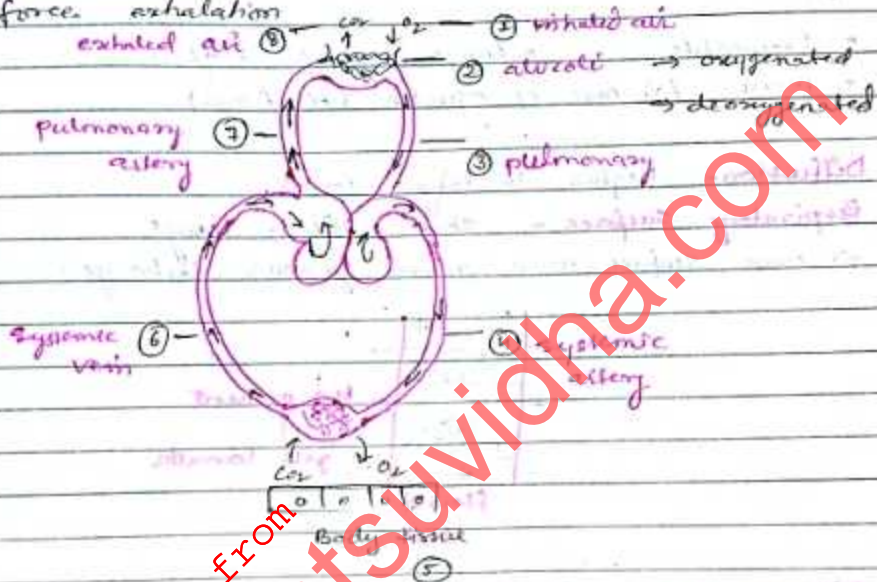


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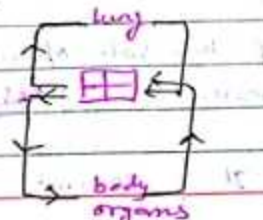
Vital Capacity: It is total volume during max. inhalation and exhalation.

→ It is around 3.4 l

Residual Volume - The air that remains after force exhalation



Single circuit

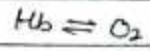


Double circuit

Hemoglobin has four peptides and carry haem as a cofactor.

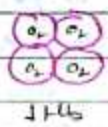
→ It can carry four O<sub>2</sub> molecule = 1 Hb

Hemocyanin - found in arthropods, molluscs to carry O<sub>2</sub> molecules.



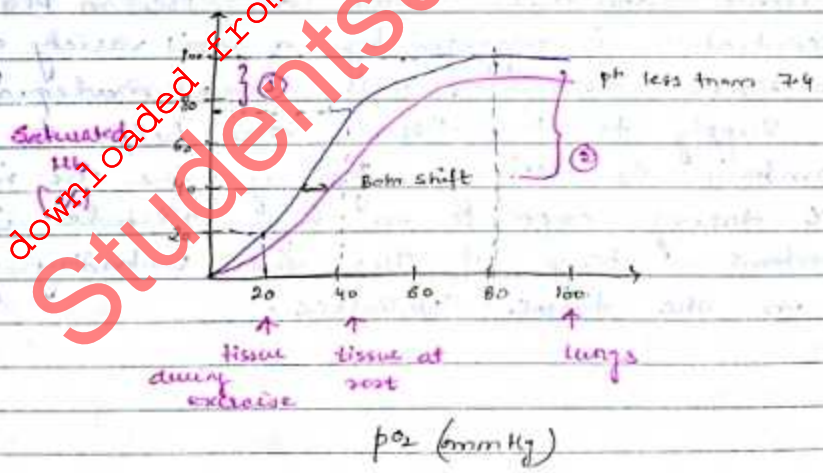
Cooperative binding

→ Binding and diffusion depends on P<sub>O<sub>2</sub></sub> or dissociation constant



→ If O<sub>2</sub> binds to 1 subunit there is conformational change in other 3 subunit and they become vulnerable to bind frequently to O<sub>2</sub>

\* P<sub>O<sub>2</sub></sub> and Hb dissociation curve at pH 7.4



- 1) O<sub>2</sub> unload to tissue at rest.
- 2) O<sub>2</sub> unload to tissue during exercise

The difference makes the blood to move in tissue from lungs.

Tissue at rest  $\rightarrow$  Amt of  $O_2$  dissociates from lungs is 30%. ( $100 - 70 = 30$ )

$pO_2$  ( $100 - 40 = 60$ ) makes diffusion to take place.

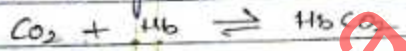
Tissue during Exercise - Amt of  $O_2$  dissociate from lungs is 80%. ( $100 - 20 = 80$ )

Erythrocyte contain large quantities of DPG which is present in only traces amounts in the other mammalian cells. DPG which is produced by erythrocytes during glycolysis reversibly binds with Hb, allosterically causing it to have lower affinity for  $O_2$ . The net result is that whenever DPG levels are raised there is enhanced unloading of  $O_2$  from Hb as the blood flows through tissue capillaries. Such an rise in DPG concentration is triggered by a vast variety of conditions associated with inadequate  $O_2$  supply to the tissue and helps to maintain  $O_2$  delivery. For e.g. the rise in DPG during exposure to high altitude is important bcz it rises the unloading of  $O_2$  in the tissue capillaries.

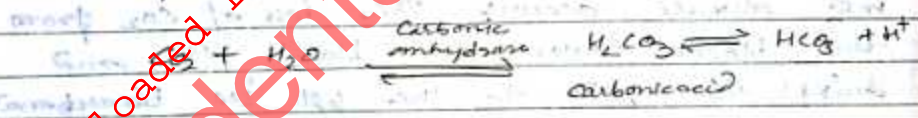
## Transport of CO<sub>2</sub> in blood :

CO<sub>2</sub> is much more soluble in H<sub>2</sub>O than the O<sub>2</sub> so more dissolved CO<sub>2</sub> is carried by the blood than the dissolved O<sub>2</sub>. A small amount of blood transport the CO<sub>2</sub> around 10%.

In order to transport CO<sub>2</sub> produced in tissue to the lungs, it must be carried in other forms also. Around 30% CO<sub>2</sub> molecules enters the blood and react reversibly with the amino group of Hb to form carbamino Hb

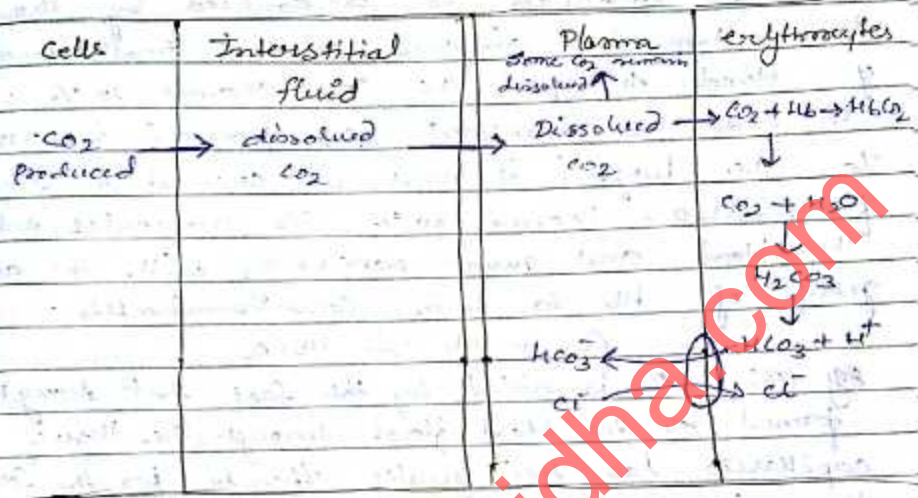
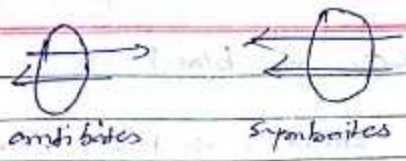


By this rxn is aided by the fact that deoxy Hb, formed as the blood flows through the tissue capillaries has the greater affinity for the CO<sub>2</sub> than is the oxy Hb. The remaining 60% of CO<sub>2</sub> enters the blood in the tissue is converted into bicarbonate (HCO<sub>3</sub><sup>-</sup>)



The first rxn is the rate limiting and is very slow unless it is catalysed by enzyme carbonic anhydrase. This enzyme is present in the erythrocyte but not in the plasma. This rxn occurs mainly in the erythrocytes. The carbonic acid dissociates very rapidly into a bicarbonate ion (HCO<sub>3</sub><sup>-</sup>) and a hydrogen ion without any enzyme assistance. Once formed most of the bicarbonate moves out of the RBCs into the plasma via a transporter that exchanges one bicarbonate for one Cl<sup>-</sup> ion. This is called chloride shift.





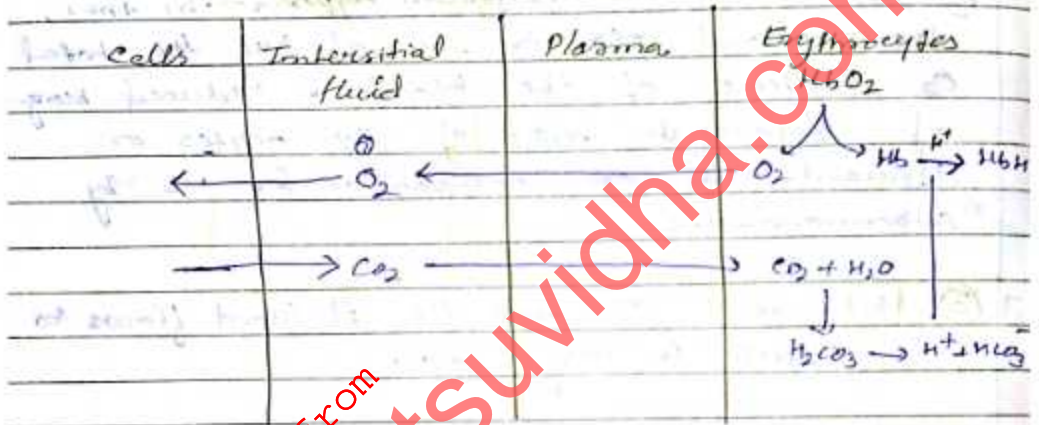
The blood pCO<sub>2</sub> is higher than the alveolar pCO<sub>2</sub> ∴ a net diffusion of CO<sub>2</sub> from the blood into alveoli occurs. This loss of CO<sub>2</sub> from the blood lowers the blood pCO<sub>2</sub> and drives the pH to the left i.e. bicarbonates and H<sup>+</sup> ions combines to give H<sub>2</sub>CO<sub>3</sub> (carbonic acid) which then dissociates into CO<sub>2</sub> and H<sub>2</sub>O. HbCO<sub>2</sub> generates the Hb and free CO<sub>2</sub> thus, the CO<sub>2</sub> so generated diffuses into the alveoli.

Transport of H<sup>+</sup> ions between tissue and lung.

The deoxy. Hb have much greater affinity for the H<sup>+</sup> ion than does the Oxy. Hb. ∴ it binds most of the H<sup>+</sup> ions.

Hb + H<sup>+</sup> → HbH<sup>+</sup>

As the venous blood passes through the lungs, all the  $H^+$  ions are removed. The deoxyHb becomes converted into oxyHb in the process it releases the  $H^+$  ions which are picked up in the tissues. The  $H^+$  ions react with bicarbonate to give the carbonic acid which dissociates to form  $CO_2$  and  $H_2O$ . The  $CO_2$  diffuses into the alveoli to be expired.



If the person is hyperventilated or has a lung disease that prevents the normal elimination of  $CO_2$ , the arterial  $pCO_2$  rises as a result arterial  $H^+$  ion conc<sup>n</sup> also rises. The raised arterial  $H^+$  ion conc<sup>n</sup> due to  $CO_2$  retention is termed as respiratory acidosis. Conversely hypoventilation would lower the arterial value of both  $pCO_2$  and hydrogen ion conc<sup>n</sup> producing respiratory alkalosis. The Hb also has ability to bind and transport nitric oxide as the blood passes through the lung. It carries it to peripheral tissues and releases it along with  $O_2$ . Nitric oxide is the pulmonary vasodilator. The administration of nitric oxide by inhalation

It is a treatment for persistence pulmonary hypertension in the newborn children.

Hypoxia : It is defined as the deficiency of  $O_2$  at the tissue level. It is of 4 types -

(1) Hypoxic Hypoxia - In this the arterial  $pO_2$  is reduced

(2) Anemic or carbonmonoxide Hypoxia - In this the arterial  $pO_2$  is normal but the total  $O_2$  content of the blood is reduced bcoz of inadequate no. of erythrocytes or deficient Hb or competition for Hb by carbonmonoxide

(3) Ischemic - In this the blood flow to the tissue is very low

(4) Histotoxic - In this the quantity of  $O_2$  reaching the tissue is normal but the cell is unable to utilise the  $O_2$  because of a toxic agent for eg cyanide.